

April 2021 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5 grilled cheese sandwiches (2 sl wg bread & 1.5o cheese) applesauce (1/4 c) carrots (1/4 c) 1% milk (3/4 c)</p>	<p>6 hamburger cream of mush (1/2 c) Hapa rice (1/2 c) peaches (1/4 c) broccoli(1/4 c) 1% milk (3/4 C)</p>	<p>7- chicken nuggets (4 pieces) Hapa rice (1/2 c) applesauce (1/4 c) green beans (1/4 c) 1% milk (3/ 4 c)</p>	<p>8 spaghetti (1/2 c pasta & 1/2c meat sauce) pears (1/4 c) corn (1/4 c) 1% milk (3/4 c)</p>	<p>9 hamburger on bun (1.05oz & bun) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4 c)</p>
<p>12 turkey sandwiches (2 slices wg bread 1 ½ oz ham) applesauce (1/4c) Cucumbers (1/4c) 1% milk (3/4c)</p>	<p>13 beef & bean chili (1/2 c) Hapa rice (1/2 c) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4 c)</p>	<p>14 salisbury steak & gravy(2.25oz) Hapa rice (1/2 c) pears (1/4 c) corn (1/4 c) 1% milk (3/4 c)</p>	<p>15 fish sticks (3 pieces) Hapa rice (1/2 c) Applesauce (1/4c) Green beans (1/4c) 1% milk (3/4c)</p>	<p>16 sloppy joes (1/2 c meat sauce & bun) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4 c)</p>
<p>19 PB&J sandwiches (2sl. wg bread 1 ½ oz turkey) Pears (1/4c) Cucumbers (1/4c) 1% milk (3/4c)</p>	<p>20 chicken nuggets (4 pieces) Hapa rice (1/2 c) applesauce (1/4 c) green beans (1/4 c) 1% milk (3/ 4 c)</p>	<p>21 beef stroganoff (1/2c meat sauce 1/2c pasta) peaches (1/4c) broccoli (1/4c) 1% milk (3/4c)</p>	<p>22 mac & cheese w/ turkey dogs (1/2c pasta 1.5 oz chopped turkey dogs) Applesauce (1/4c) Broccoli (1/4c) 1% milk (3/4c)</p>	<p>23 hot dog on bun (1.05oz & bun) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4 c)</p>
<p>26 ham sandwiches (2 slices wg bread 1 ½ oz ham) applesauce (1/4c) Carrots (1/4c) 1% milk (3/4c))</p>	<p>27 beef & vegetable stew (1.5 oz beef) Hapa rice(1/2 c) peaches (1/4c) corn (1/4c) 1% milk (3/4c)</p>	<p>28 Chicken & broccoli chow mein (2.25oz meat & 1/4c veggie) Chow mein noodles (1/2 c) pears(1/4c) 1% milk (3/4c)</p>	<p>29 taco salad (1oz grnd beef, ½ oz cheese, ¼ cup lettuce & cabbage) Peaches (1/4 c) Slice of wheat bread 1% milk (3/4c)</p>	<p>30 pork & beans (1/2c) Hapa rice (1/2c) Pears (1/4c) broccoli (1/4c) 1% milk (3/4c)</p>

This menu is subject to change based upon the availability of products.

Rice is hapa ½ white ½ brown

AM snack: ½ cup oranges, ¼ cup cheerios & crackers

PM snack: ½ cup 1% milk, ¼ cup cheerios & crackers