

January 2024 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
8 School Closed	9 ham sandwiches (2 slices wg bread 1 ½ oz ham) peaches (1/4c) carrots (1/4c) 1% milk (3/4c)	10 beef stroganoff (1/2c meat sauce 1/2c pasta) pears (1/4c) corn (1/4c) 1% milk (3/4c)	11 beef & bean chili (1/2 c) Hapa rice (1/2 c) peaches (1/4 c) corn (1/4 c) 1% milk (3/4 c)	12 mac & cheese (1/2c pasta) Applesauce (1/4c) Broccoli (1/4c) 1% milk (3/4c)
15 School Closed Martin Luther King Jr Day	16 PB&J Sandwiches (2 sl wg bread & 1.5o pb) pears (1/4 c) carrots (1/4 c) 1% milk (3/4 C)	17 pork & beans (1/2c) Hapa rice (1/2 c) pears (1/4c) Peas & carrots (1/4c) 1% milk (3/4c)	18 taco salad (1oz beef, ½ oz cheese, 1/4c lettuce & cabbage) Peaches (1/4c) slice of wheat bread 1% milk (3/4c)	19 chicken nuggets (4 pieces) Hapa rice (1/2 c) peaches (1/4 c) corn (1/4 c) 1% milk (3/4 c)
22 turkey sandwiches (2 slices wg bread 1 ½ oz turkey) applesauce (1/4c) carrots(1/4c) 1% milk (3/4c)	23 hamburger & veggie stew (2.25oz meat) Hapa rice (1/2 c) Peaches (1/4c) corn (1/4c) 1% milk (3/4c)	24 hamburger cream of mush (1/2 c) Hapa rice (1/2 c) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4 C)	25 taco casserole (1.5oz) Hapa rice (1/2 c) Broccoli (1/4 c) applesauce(1/4c) 1% milk (3/4c)	26 sloppy joes (1/2 c meat sauce & bun) pears(1/4 c) Peas & carrots (1/4 c) 1% milk (3/4 c)
29 ham sandwiches (2 slices wg bread 1 ½ oz turkey) applesauce (1/4c) cucumbers(1/4c) 1% milk (3/4c)	30 fish sticks (3 pieces) Hapa rice (1/2 c) peaches (1/4 c) Peas & carrots (1/4 c) 1% milk (3/4 c)	31 spaghetti (1/2 c pasta & 1/2c meat sauce) pears (1/4 c) corn (1/4 c) 1% milk (3/4 c)		

This menu is subject to change based upon the availability of products

Rice is hapa ½ white ½ brown

Infant Toddler substitutions made