

October 2024 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 mac & cheese (1/2c pasta) Applesauce (1/4c) Broccoli (1/4c) 1% milk (3/4c)</p>	<p>2 fish sticks (3 pieces) Hapa rice (1/2 c) peaches (1/4 c) corn (1/4 c) 1% milk (3/ 4 c)</p>	<p>3 pork & beans (1/2c) Hapa rice (1/2 c) pears (1/4c) Peas & carrots (1/4c) 1% milk (3/4c)</p>	<p>4 chicken sandwich (1.05oz & bun) pears (1/4 c) carrots (1/4 c) 1% milk (3/4 c)</p>
<p>7 PB&J Sandwiches (2 sl wg bread & 1.5o pb) pears (1/4 c) carrots (1/4 c) 1% milk (3/4 C)</p>	<p>8 chicken nuggets (4 pieces) Hapa rice (1/2 c) applesauce (1/4 c) peas & carrots (1/4 c) 1% milk (3/ 4 c)</p>	<p>9 beef & bean chili (1/2 c) Hapa rice (1/2 c) peaches (1/4 c) broccoli (1/4 c) 1% milk (3/4 c)</p>	<p>10 beef stroganoff (1/2c meat sauce 1/2c pasta) pears (1/4c) corn (1/4c) 1% milk (3/4c)</p>	<p>11 Professional Development School Closed</p>
<p>14 Holiday School Closed</p>	<p>15 turkey sandwiches (2 slices wg bread 1 ½ oz turkey) applesauce (1/4c) carrots(1/4c) 1% milk (3/4c)</p>	<p>16 hamburger & veggie curry (2.25oz meat) Hapa rice (1/2 c) Peaches (1/4c) corn (1/4c) 1% milk (3/4c)</p>	<p>17 spaghetti (1/2 c pasta & 1/2c meat sauce) pears (1/4 c) corn (1/4 c) 1% milk (3/4 c)</p>	<p>18 Hamburger on a bun (1.05oz & bun) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4 c)</p>
<p>21 ham sandwiches (2 slices wg bread 1 ½ oz ham) applesauce (1/4c) cucumber(1/4c) 1% milk (3/4c)</p>	<p>22 hamburger cream of mush (1/2 c) Hapa rice (1/2 c) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4 C)</p>	<p>23 taco salad (1oz grnd beef, ½ oz cheese, ¼ cup lettuce & cabbage) pears (1/4 c) Slice of wheat bread 1% milk (3/4c)</p>	<p>24 hamburger steak with gravy (1.5 oz patty) Hapa rice (1/2 c) pears (1/4 c) corn (1/4 c) 1% milk (3/4 c)</p>	<p>25 sloppy joes (1/2 c meat sauce & bun) pears(1/4 c) Peas & carrots (1/4 c) 1% milk (3/4 c)</p>
<p>28 ham sandwiches (2 slices wg bread 1 ½ oz ham) applesauce (1/4c) cucumber(1/4c) 1% milk (3/4c)</p>	<p>29 beef & bean chili (1/2 c) Hapa rice (1/2 c) peaches (1/4 c) broccoli (1/4 c) 1% milk (3/4 c)</p>	<p>30 hamburger & veggie stew (2.25oz meat) Hapa rice (1/2 c) Peaches (1/4c) corn (1/4c) 1% milk (3/4c)</p>	<p>31 chicken nuggets (4 pieces) Hapa rice (1/2 c) applesauce (1/4 c) peas & carrots (1/4 c) 1% milk (3/ 4 c)</p>	

This menu is subject to change based upon the availability of products
Rice is hapa ½ white ½ brown Substitutions made for Infants as appropriate