

September 2021 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 spaghetti (1/2 c pasta & 1/2c meat sauce) pears (1/4 c) green beans (1/4 c) 1% milk (3/4 c)</p>	<p>2 grilled cheese sandwiches (2 sl wg bread & 1.5o cheese) applesauce (1/4 c) broccoli (1/4 c) 1% milk (3/4 c)</p>	<p>3 turkey dog (1.5oz) on bun oranges (1/4c) corn (1/4c) 1% milk (3/4c)</p>
<p>6 Holiday No School</p>	<p>7 ham sandwiches (2 slices wg bread 1 ½ oz ham) peaches (1/4c) Green beans (1/4c) 1% milk (3/4c)</p>	<p>8 taco salad (1oz grd beef, ½ oz cheese, ¼ cup lettuce 7 cabbage) oranges (1/4c) slice of wheat bread 1% milk (3/4c)</p>	<p>9 Salisbury steak & gravy (1.5oz) Hapa rice (1/2 c) corn (1/4 c) applesauce(1/4c) 1% milk (3/4c)</p>	<p>10 - sloppy joes (1/2 c meat sauce & bun) pears(1/4 c) broccoli (1/4 c) 1% milk (3/4 c)</p>
<p>13 turkey sandwiches (2 slices wg bread 1 ½ oz turkey) applesauce (1/4c) cucumbers(1/4c) 1% milk (3/4c)</p>	<p>14 chicken nuggets (4 pieces) Hapa rice (1/2 c) pears (1/4c) Green beans (1/4c) 1% milk (3/4c)</p>	<p>15 hamburger & veggie stew (2.25oz meat) Hapa rice (1/2 c) Peaches (1/4c) corn (1/4c) 1% milk (3/4c)</p>	<p>16 -hamburger cream of mush (1/2 c) Hapa rice (1/2 c) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4 C)</p>	<p>17 mac & cheese (1/2c pasta 1.5 oz chopped turkey dogs) Applesauce (1/4c) Broccoli (1/4c) 1% milk (3/4c)</p>
<p>20 PB&J Sandwiches (2 sl wg bread & 1.5o pb) pears (1/4 c) carrots (1/4 c) 1% milk (3/4 C)</p>	<p>21 beef stroganoff (1/2c meat sauce 1/2c pasta) pears (1/4c) corn (1/4c) 1% milk (3/4c)</p>	<p>22 fish sticks (3 pieces) Hapa rice (1/2 c) peaches (1/4 c) green beans (1/4 c) 1% milk (3/ 4 c)</p>	<p>23 beef & bean chili (1/2 c) Hapa rice (1/2 c) peaches (1/4 c) corn (1/4 c) 1% milk (3/4 c)</p>	<p>24 Hamburger (1.5oz) on bun Pears (1/4c) broccoli (1/4c) 1% milk (3/4c)</p>
<p>27 ham sandwiches (2 slices wg bread 1 ½ oz ham) peaches (1/4c) cucumbers (1/4c) 1% milk (3/4c)</p>	<p>28 pork & beans (1/2c) Hapa rice (1/2 c) pears (1/4c) Green beans (1/4c) 1% milk (3/4c)</p>	<p>29 chicken nuggets (4 pieces) Hapa rice (1/2 c) applesauce (1/4 c) broccoli (1/4 c) 1% milk (3/ 4 c)</p>	<p>30 Shoyu Chicken (1.5oz) Hapa rice (1/2 c) corn (1/4 c) applesauce(1/4c) 1% milk (3/4c)</p>	

This menu is subject to change based upon the availability of products.
Rice is hapa ½ white ½ brown
Infant Toddler substitutions made

AM snack: ½ cup oranges, ¼ cup cheerios & crackers

PM snack: ½ cup 1% milk, ¼ cup cheerios & crackers

