

July 2025 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 pork & beans (1/2c) Hapa rice (1/2 c) pears (1/4c) Peas & carrots (1/4c) 1% milk (3/4c)	2 hamburger cream of mush (1/2 c) Hapa rice (1/2 c) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4 C)	3 spaghetti (1/2 c pasta & 1/2c meat sauce) pears (1/4 c) corn (1/4 c) 1% milk (3/4 c)	4 Holiday School Closed
7 ham sandwiches (2 slices wg bread 1 ½ oz ham) applesauce (1/4c) cucumber(1/4c) 1% milk (3/4c)	8 beef stroganoff (1/2c meat sauce 1/2c pasta) pears (1/4c) corn (1/4c) 1% milk (3/4c)	9 beef & bean chili (1/2 c) Hapa rice (1/2 c) peaches (1/4 c) broccoli (1/4 c) 1% milk (3/4 c)	10 chicken nuggets (4 pieces) Hapa rice (1/2 c) applesauce (1/4 c) peas & carrots (1/4 c) 1% milk (3/ 4 c)	11 mac & cheese (1/2c pasta) Applesauce (1/4c) Broccoli (1/4c) 1% milk (3/4c)
14 PB&J Sandwiches (2 sl wg bread & 1.5o pb) pears (1/4 c) carrots (1/4 c) 1% milk (3/4 C)	15 fish sticks (3 pieces) Hapa rice (1/2 c) peaches (1/4 c) corn (1/4 c) 1% milk (3/ 4 c)	16 hamburger & veggie curry (2.25oz meat) Hapa rice (1/2 c) Peaches (1/4c) corn (1/4c) 1% milk (3/4c)	17 taco salad (1oz grnd beef, ½ oz cheese, ¼ cup lettuce & cabbage) pears (1/4 c) Slice of wheat bread 1% milk (3/4c)	18 sloppy joes (1/2 c meat sauce & bun) pears(1/4 c) Peas & carrots (1/4 c) 1% milk (3/4 c)
21 turkey sandwiches (2 slices wg bread 1 ½ oz turkey) applesauce (1/4c) carrots(1/4c) 1% milk (3/4c)	22 Children's Luau -Kalua pork, rice, chicken long rice, sweet potato, lomi salmon, poi, pineapple, 1% milk *Special event. All servings met for components	24 fish sticks (3 pieces) Hapa rice (1/2 c) applesauce (1/4 c) green beans (1/4 c) 1% milk (3/ 4 c)	26 hamburger steak with gravy (1.5 oz patty) Hapa rice (1/2 c) pears (1/4 c) corn (1/4 c) 1% milk (3/4 c)	25 ham sandwiches (2 slices wg bread 1 ½ oz ham) applesauce (1/4c) cucumber(1/4c) 1% milk (3/4c)
28 _____	29 School	30 Closed	31 Summer Break	1 _____

This menu is subject to change based upon the availability of products
Rice is hapa ½ white ½ brown Substitutions made for Infants as appropriate