

# September 2025 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Holiday School Closed	2 turkey sandwiches (2 slices wg bread 1 ½ oz turkey) applesauce ( 1/4c) carrots(1/4c) 1% milk (3/4c)	3 hamburger cream of mush (1/2 c) Hapa rice (1/2 c) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4 C)	4 spaghetti (1/2 c pasta & 1/2c meat sauce) pears (1/4 c) corn (1/4 c) 1% milk (3/4 c)	5 Hamburger on a bun (1.05oz & bun) pears (1/4 c) broccoli (1/4 c) 1% milk (3/4)
8 ham sandwiches (2 slices wg bread 1 ½ oz ham) applesauce ( 1/4c) cucumber(1/4c) 1% milk (3/4c)	9 beef stroganoff (1/2c meat sauce 1/2c pasta) pears (1/4c) corn (1/4c) 1% milk (3/4c)	10 pork & beans (1/2c) Hapa rice (1/2 c) pears (1/4c) Peas & carrots (1/4c) 1% milk (3/4c)	11 chicken nuggets (4 pieces) Hapa rice (1/2 c) applesauce (1/4 c) brocoli (1/4 c) 1% milk (3/ 4 c)	12
15 PB&J Sandwiches (2 sl wg bread & 1.5o pb) pears (1/4 c) carrots (1/4 c) 1% milk (3/4 C)	16 fish sticks (3 pieces) Hapa rice (1/2 c) peaches (1/4 c) corn (1/4 c) 1% milk (3/ 4 c)	17 hamburger & veggie curry (2.25oz meat) Hapa rice (1/2 c) Peaches (1/4c) corn (1/4c) 1% milk (3/4c)	18 chicken sandwich (1.05oz & bun) pears (1/4 c) peas & carrots (1/4 c) 1% milk (3/4 c)	19 mac & cheese (1/2c pasta) Applesauce (1/4c) Broccoli (1/4c) 1% milk (3/4c)
22 turkey sandwiches (2 slices wg bread 1 ½ oz turkey) applesauce ( 1/4c) carrots(1/4c) 1% milk (3/4c)	23 beef & bean chili (1/2 c) Hapa rice (1/2 c) peaches (1/4 c) broccoli (1/4 c) 1% milk (3/4 c)	24 taco salad (1oz grnd beef, ½ oz cheese, ¼ cup lettuce & cabbage) pears (1/4 c) Slice of wheat bread 1% milk (3/4c)	25 hamburger steak with gravy (1.5 oz patty) Hapa rice (1/2 c) pears (1/4 c) corn (1/4 c) 1% milk (3/4 c)	26 sloppy joes (1/2 c meat sauce & bun) pears(1/4 c) Peas & carrots (1/4 c) 1% milk (3/4 c)
29 ham sandwiches (2 slices wg bread 1 ½ oz ham) applesauce ( 1/4c) cucumber(1/4c) 1% milk (3/4c)	30 chicken nuggets (4 pieces) Hapa rice (1/2 c) applesauce (1/4 c) brocoli (1/4 c) 1% milk (3/ 4 c)			

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